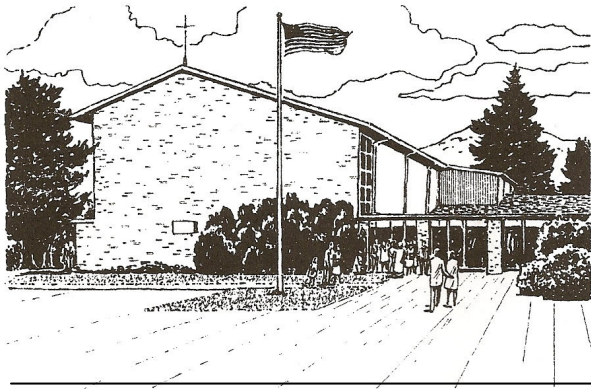


October 2007



St. Barnabas Episcopal Church—Portland Oregon

The Messenger

“Dedicated to getting the Word out.”

Sundays: 8am, and 10 am w/ child care and Sunday School

Shield of the Episcopal Church

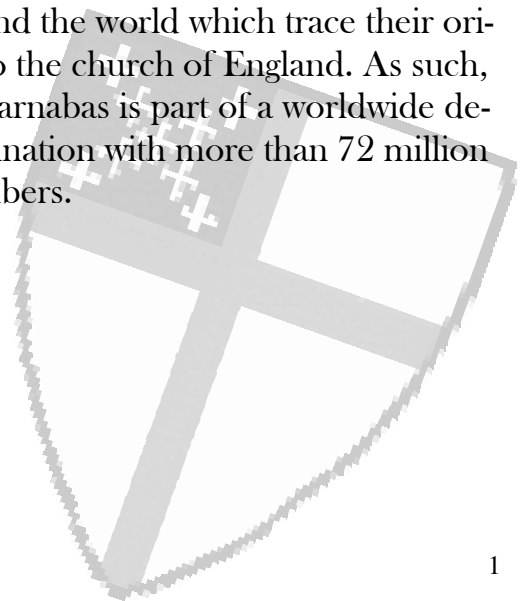
This shield was adopted in 1940 as the symbol for the Episcopal Church USA. The shield brings together some of the Episcopal Church USA's history, offering a brief history lesson through its design.

The Episcopal Church was founded in 1789 as a separate group from its parent Church of England, from which the churches in the colonies found themselves divided by the American Revolution. The red white and blue colors are the colors of the American flag. Many of the founders of this nation, including George Washington, were Episcopalians.

The white field with a red cross is St. George's Cross, the patron saint of the Church of England (and incidentally the colony of Georgia). This remembers the Episcopal Churches roots in the Church of England.

There are nine miniature crosses on the field of blue symbolizing the nine dioceses that met in Philadelphia in 1789 to ratify the initial constitution of the Protestant Episcopal Church in the United States of America. The crosslets are formed after the St. Andrews Cross. St. Andrew is the patron saint of Scotland. This remembers the Scottish Episcopal Churches part in our history as it was their bishops who ordained Samuel Seabury as the first American Bishop in 1784.

The Episcopal Church today remains a part of the Anglican Communion, the name for all those churches around the world which trace their origin to the church of England. As such, St. Barnabas is part of a worldwide denomination with more than 72 million members.





**Mark your
Calendar !**
Diocese of
Oregon
119th

Convention
“Mission: Now is the Time”
Thursday, November 8, 2007
Friday, November 9, 2007
&

3rd Annual Mission and Ministry Fair
Saturday, November 10, 2007

Salem Conference Center
and Phoenix Grand Hotel

IMPORTANT CONVENTION HOTEL RESERVATION INFORMATION

If you are calling in you can say you are attending the Episcopal Diocese Conference. If you would like to make reservations online, go to the website www.phoenixgrandhotel.com go to Reservations, and then Group Reservations. The attendee code is ATTENDEE.

The rest will lead you right through the steps. Please call or email if you have any questions. Tamy Perkins, Reservations Manager, 503-779-1624.

Clean the Grafe Hall Kitchen

Coming SOON on a
Saturday in October..

At 9am we'll assemble a work party to organize and clean the kitchen in Grafe Hall. Many hands make light work. We plan on only getting done what we can do in 3 hours and then go out for lunch! Let's get the kitchen nice and clean for when our new Rector arrives.

Contact Carolyn Nelson for date details and to confirm your helping hands are coming!

Headed to Ashland for the Plays?

Trinity Parish
Home Stays



Stay at the homes of Trinity members. We offer bed and breakfast packages. Proceeds benefit Trinity Building Fund and promote parish friendships.



E-mail:
office@trinitychurchashland.org
Phone: 541-482-2656

The Messenger—Official Publication of St. Barnabas Episcopal Church
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Portland Oregon 97219-1935
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E-mail: stbarnabas@hotmail.com Website: www.saintbarnabaspdx.org

**Deadline: The second Sunday of each month preceding the issue, unless otherwise noted.
Contributions welcome! E-mail to dpatke@gmail.com**

Messenger Staff: Elaine Chapman, Cathie Dainton Piacente, Beverly Davis, Sheila Dougherty, Barbara Peters, Jan Stephens and Doris Patke; editor.

Birthdays

Linda John	October 4
Barbara Wilson	October 6
Colin Robinson	October 9
Anne Kovas	October 11
Blake Press	October 13
Sarah Wiggins	October 14
Andrew Gulick	October 15
Alice Brown	October 18
Jane Deupree	October 18
Katie Newbury	October 22
Amelia Ellis	October 23
Emma Egan	October 24
Elaine Chapman	October 25
Joshua Renwick	October 25
Phyllis Walker	October 26
J.J. Hockley	October 27
Amelia Melo	October 28
Harlan Deupree, Jr.	October 29
Christina Strahm	October 31



Anniversaries

Wayne & Ellie Cooper	October 1
Harlan & Jane Deupree	October 3
Kristin & Brad Press	October 14
Keith Enos & Leslie Coefield	October 26

2007 Membership Directory. A Final DRAFT is ready for your review. Corrections needed now! Look for it in the Narthex, and make your edits in that copy.

INTERCESSIONS IN THE FAMILY of ST. BARNABAS:

- | | |
|--------------------------------------|---------------------|
| Rev. Don Eaton | Erik *Paul* Kathy |
| Merrie Ross | Linda & Steven |
| Edyth Viau | Don Howard |
| Doris Miller | Elaine Chapman |
| Pat & Larry Mahon | Stan Smith |
| Al Watkins | Chris & Noah Carter |
| Wayne Cooper | Sandy Hunnicutt |
| Ellie May Cooper | Ann Sullivan |
| John Melum | Robert Ewing |
| Lois Wright | Roy * Josephine |
| Tim Toly | Deacon John Hanley |
| Barbara Rozelle | |
| Kathy Haugland | |
| Walter Burke | |
| Fr. John Scannell | |
| Mary Ford | |
| Dorothy & Tom | |
| Dave Dougherty | |
| Michael Thornbloom *Ann * Tim * Bill | |
| Walter * Jim * Donovan * Lynn | |
| Helen Grafe | |
| Nancy Noonan | |
| Lee Ann Marschat | |
| Jocelyn Gugat | |



Parish family in the military:

- Douglas Eklund
- Brian Houmiel
- Garrett Fedorka
- Scott Egan
- Heidi Meldrum
- Daniel Hyde
- Ben Cameron
- Travis Hobbs,
- Vincent Adams
- Ryan Eggers
- Jacob Epperly

SUNSET CONVOCATION MEETING MINUTES

August 19, 2007
St. Catherine, Manzanita

Attendees:

All Saints, Hillsboro: Jo Ayres, Christopher Cole+
Christ Church, Lake Oswego: JoAnn Leach+, Shannon Leach+,
Kim Lindstrand, Ed Slavin
San Pablo, Hillsboro: Absent
St. Alban, Tillamook: Absent
St. Barnabas, Portland: Doris Patke, Pat Patke
St. Bartholomew, Beaverton: Absent
St. Bede, Forest Grove: Brandon Filbert+, James Nelsen,
Scott Richards, Randy Stone
St. Catherine: Paul Barthelemy+, Chet Falby+, George Hemingway+, Dcn.
Melinda LeRoy, Hugh Hendricksen, Janet Lease, Byron Melton
St. Francis, Wilsonville: Absent
St. Gabriel, Portland: Dcn. Thomas Lang, LouAnn Pickering+,
Carol Fox, Patty George
St. James, Tigard: Dcn. Mimi Eick, Nancy Freeman,
Cynthia Reynolds
St. John the Baptist, Portland: Dcn Julie Jensen,
Mary Dorscheimer, Jeff Honeyman, Doris Gleason, Dan Tabizon
St. Michael/San Miguel, Newberg: Cindra Gray

The opening prayer was given by Paul Barthelemy+, and words of welcome and meditation on the Gospel was given by Brandon Filbert+.

The minutes of the June 2 meeting were approved as corrected.

Cynthia Reynolds then presented welcome gifts to new transitional deacons.

A discussion of the Diocese's draft of its Strategic Vision was held. It was not clear what the task of the convocation was in regard to the draft, and most members did not have a chance to review it ahead of time. It was decided that we reflect on the document and talk about it at our October meeting.

In the absence of our treasurer, Cynthia read his written report. The balance in our account stands at \$463.83.

Continued on pg 5

Convocation minutes continued from pg 4

Mary Dorscheimer handed out to each parish copies of the National Church's Constitution and Canons as relate to holding audits in the parishes. Kirk Bass has said he would be willing to help out in setting the program up in our convocation. Mary will contact him.

Mary Dorscheimer reported briefly on the activities of the Episcopal Peace Fellowship chapter in Oregon. The July meeting of that group featured Lani Jo Leigh, who described what it is like to walk the "migrant trail" from Mexico into Arizona, and the militarization of the US-Mexico border.

Cynthia reported that there is someone in our convocation who might update our website and keep it current.

The Outreach report was given by Cynthia. The McMenamain's evening was a huge success. McMenamain's check to the Oregon Food Bank was \$2,581.96, while individual donations came to \$933. 300 lbs of food were donated, as well. Chris Cole+ said that the Oregon Food Bank location in Hillsboro feeds people 3 times a week, averaging 150 people. Paul Barthelemy+ reported that St. Catherine's Summer Lunch Program, in its 4th year, has served 4,000 so far this summer. The Choir event did not garner enough interest. Paul suggested choral workshops (perhaps in the spring) be held, and then do a concert for the Food Bank. Cynthia will work on this. The Convocation Ash Wednesday Fast, which met with approval at our June meeting, needs to be "talked up".

Money collected from parishes for that day will be targeted for a special designation.

George Hemingway+ gave the report from Diocesan Council. He clarified how the Bishop's salary package is made up. We learned about the role of the Diocesan Chancellor with regard to our request about the budget process from the last meeting. Regarding the proposed budget for the coming year, it was suggested that additional monies may have been found to help balance the budget for next year, and at our next meeting we will have a final go at the updated budget. There was further discussion of the method by which the Diocesan Personnel Committee is constituted. Before our next meeting, George asked that parishes e-mail him with what help is needed from the Council or Bishop's staff. George also advised that he will not be available next year to be the convocation's clergy rep to Council.

The next meeting of the Convocation will be **SATURDAY, OCTOBER 6, 9:30 A.M. at ST. GABRIEL'S.**

Respectfully submitted:

Mary Dorscheimer,
Convocation Secretary

How can I enhance my spiritual life?

- *The Rev. Jay Rozendaal*

There are probably as many answers to this question as people to ask it. Because every person is unique, every person's spiritual journey will be unique — and over the centuries, faithful people around the world have found ways to suit their particular personalities.

If you are asking yourself this question, you will probably want to begin by asking some more questions:

- Where am I now, and where do I feel God is leading me?
- How is the shape of my daily life forming me spiritually? How could it?
- What do I feel is missing?
- Are there things in my life that work against my spiritual well-being?
- What kind of activities appeal to me — am I a quiet, introspective person? or am I an outgoing, energetic type?

When you have identified some of these key issues, use them to shape your spiritual life:

- Do you love reading? Explore *Lectio Divina*.
- Are you a physically active person? You might want to explore how some Christians are using yoga as a way of prayer.
- Do you feel your life is just too hectic and noisy? Try learning about Centering Prayer.
- Is your job busy and demanding? Brainstorm some ways to integrate moments of prayer into your day, and dedicate your work to serving God.

The Book of Common Prayer tells us that prayer can take place in thoughts and actions, with or without words, which means the field is wide open!

So get creative — let your imagination and your knowledge of yourself draw you into an exciting and enriching dialogue with God. Whatever you do — from the most traditional to the most innovative activity — ground your practice in the spirit of prayer and with the intention to meet God in that place...and then keep doing it. Like any relationship, our life in the Spirit grows richer with consistency and commitment to being present with the One we love and the One who loves us.

From the Gospel of Matthew, 22:15-22, That's when the Pharisees plotted a way to trap him into saying something damaging. They sent their disciples, with a few of Herod's followers mixed in, to ask, "Teacher, we know you have integrity, teach the way of God accurately, are indifferent to popular opinion, and don't Pander to your students. So tell us honestly: Is it right to pay taxes to Caesar or not?" Jesus knew they were up to no good. He said, "Why are you playing these games with me? Why are you trying to trap me? Do you have a coin? Let me see it." They handed him a silver piece. "This engraving—who does it look like? And whose name is on it?" They said, "Caesar." "Then give Caesar what is his, and give God what is his." The Pharisees were speechless. They went off shaking their heads.

Continued on pg 9

COUNSELING SERVICES FOR COUPLES, FAMILIES AND INDIVIDUALS AVAILABLE AT WILLIAM TEMPLE HOUSE

William Temple House in northwest Portland is accepting new clients for its mental health counseling services.

William Temple House's counseling sessions and courses are an invaluable resource to those lacking health insurance or the ability to pay private rates, providing services and classes at the low cost of \$10 per session. No one is turned away for inability to pay, however. For more information about individual treatment, contact Dr. Susan Bettis, Clinical Director of Counseling, at 503.226.3021 ext. 220 or Mike Hatheway, MA, CADC, Intake Counselor, at 503.226.3021 ext. 203. For more information about comprehensive family treatment including couples and family counseling and psycho-educational groups, contact Nila Epstein, Family Coordinator, 503.226.3021 ext. 218. All persons seeking counseling must complete an application and a questionnaire. Children under 14 may be seen if their parents are enrolled in family, couples or individual counseling.

Mental health counseling services are available by appointment only at William Temple House, 2023 NW Hoyt Street, Portland, OR 97209. See <http://www.williamtemple.org/counseling.asp> for additional information.

MOSES & THE RED SEA

Nine-year-old Joey, was asked by his mother what he had learned in Sunday school. "Well, Mom, our teacher told us how God sent Moses behind enemy lines on a rescue mission to lead the Israelites out of Egypt . When he got to the Red Sea , he had his army build a pontoon bridge and all the people walked across safely. Then, he radioed headquarters for reinforcements. They sent bombers to blow up the bridge and all the Israelites were saved." "Now, Joey, is that really what your teacher taught you?" his mother asked. "Well, no, Mom. But, if I told it the way the teacher did, you'd never believe it!"

Parish Finance

By Sandy Hunnicutt

The Audit of our 2006 books has been completed. If you missed the Finance Update meeting on September 9th, you are welcome to view a copy of the audit report at the church office, or call Sandy Hunnicutt or Ken Ross for more information.

Our stewardship campaign will be in January again this year, to allow the vestry to focus their time this fall on the rector search. I need your assistance to put together a fun and successful campaign. Give me a call at (503) 246-7952 with your ideas and how you can help out.

TRICK O TREAT

Women of St. Barnabas, you are invited to a Halloween Coffee:
Saturday, October 27th from 10am to Noon.
Join us for fun and fellowship.
Sheila Dougherty's 6685 West Burnside Rd.
Portland Maps will be provided.



Outreach Committee Meeting of Sept. 8, 2007 Highlights

The committee has decided to open it's own checking account at Key Bank. Marnell McClenaghan has graciously volunteered to be treasurer.

The committee will recommend that we increase our donation to Peoplebank from the general church fund to \$200 when the 2008 budget is written.

Since Samira Godil, Director of Southwest Community Health Center came to St Barnabas to give a talk about the center on September 16th we are going to present her with a \$500 check from outreach funds raised during the year.

During the next few months the Maebell Clark MacDonald Fund will match a donation of \$500 to the center so it will automatically become a \$1000.

Mary Lou McClenaghan reported that the Second Look Bookstore has raised approximately \$900 since the beginning of the year. Please keep bringing your books to sell.

Carolyn Nelson will check with Neighborhood House to see if they are continuing with the Elder Tree this year. If they are Bev Davis will make the ornaments and Sheila Dougherty will do the verbiage. Look for the tree to go up in November.

Leslie Coefield will be in charge of getting the Christmas tree for the Sharing Tree during Advent.

Mae will check with Diane from Bi-Mart to see if we can still get a good deal on blankets for our blanket drive which will start in January 2008.

Next Meeting January 12th, 2008, 10 am at home of Carolyn Nelson.

If you have any questions concerning the meeting please feel free to call Carolyn at 503-246-6763 or if you want to be involved in any projects.

MILITARY SPOUSE SUPPORT GROUP

Especially for Spouses of Iraq, Afghanistan, Kuwait, Saudi Arabia and Persian Gulf Veterans

Tuesdays, 6:00 - 7:30 pm

William Temple House, 2023 NW Hoyt Street, Portland

Share your experience and hope with other spouses of veterans as we explore strengths and growth in our relationships. Contact: Colleen Lewis, LPC, William Temple House Family Coordinator, 503-226-3021 x 219

www.williamtemple.org

continued from pg 6

After reading the Sunset Convocation meeting minutes last month this Gospel reading kept coming to mind. At convention last year when the budget came up for vote I abstained. I could not understand why the budget was the way it was. If I did not agree with what was being done I could not find it in my heart to vote yes or no. What I understand is that most every parish in our Diocese struggles to pay for missions and ministries. I believe that even in some cases the clergy themselves struggle to pay bills and taxes. The cost of living has sky rocketed for all of us and it has become especially hard on anyone on a fixed income. I live in a fifty-five and older community of manufactured homes. As this is a park and we do not own the land we pay lot rent monthly. During the past year many changes by management have been made. We now pay for trash, water and sewer that before were part of the lot rent but lot rents continue to rise. Many people in the park may have to find somewhere else to live because of increased cost. Are we getting to the point in this nation of dividing into two classes of people, those who have and those who have not? Where is the "Church" in all of this? To believe the bible and Jesus then we know what needs to be done and what actions we need to take.

We must reach out to anyone who calls for help. If on the other hand we believe only the parts of the bible that supported the views of the Pharisees and world leaders of the time then consider this, Matthew 26:11 "The poor you will always have with you, but you will not always have me (Jesus)." (New International Version) There has been a lot of talk over the last three year about evangelism, to bringing people into the Episcopal Church. We all would like to see the numbers of people we once did each Sunday. But we need to consider why this great focus on evangelism, is it to the build the coffers of the church or the Kingdom of God. True more money would help lots of ministries and more people would be helped. From the Gospel of Luke 10:3-5 (Jesus said) Go! I am sending you out like lambs among wolves. Do not take a purse or bag or sandals; and do not greet anyone on the road. "When you enter a house, first say, 'Peace to this house.' (New International Version) Later Jesus would tell them, (Luke 22:36) "But now if you have a purse, take it, and also a bag; and if you don't have a sword, sell your cloak and buy one."(New International Version)

Jesus knew the world and all things that would come so he prepared the disciples for the ministries they were called to do. We also are called to ministries, each to his or her own as the gifts of the Spirit are given. Using our time and talents to build the Kingdom of God should be part of our daily lives just like breathing. Giving money to the church is also part of what we are called to do but we also need to hold accountable the leadership of the "Church" on how and where the money is being used.

Put all things to prayer and study. Listen to the Spirit of God and act.

In Christ service,
Gary De Rouse



Thoughts from the Senior Warden

Great Organizations

Like all of you, I've spent most of my life as a member and participant in various organizations.

In my case, I've been privileged to have served at senior levels of military, business, professional, volunteer and religious organizations. In these activities, I've had the opportunity to observe what makes some organizations successful, others less so, and, in some cases, to decline.

What I've learned is that all organizations are fragile. They are made up of people and they exist for a purpose. As people change or as the purpose of the organization changes, so also does the organization.

As we've witnessed in recent years, particularly in the business world, some organizations decline because the actions of people undermine the organization's precepts and purposes. Some organizations decline simply because their purpose is no longer in sync with the needs of the constituency they serve.

While organizations are of many different sizes and organized for many varied purposes, all great organizations have certain qualities in common.

Great organizations are characterized by engagement, enthusiasm, excitement, and passion. They are based on enduring values. They manifest excellence and accomplishment.

Our St. Barnabas Parish holds these qualities in abundance. We are a strong faith-based community. Volunteerism abounds. We are financially solid. Visitors to our ranks invariably comment on our parish's welcoming embrace.

St. Barnabas Parish is a great organization and one which, I think, has a wonderful future ahead of it. Thank you, each and every one of you, for your love and support of our church community.

Peace,
Ken

CLASS: SEEKING GOD IN THE 21ST CENTURY

Year One: Tuesdays, Oct. 16 - Dec. 4, 2007, Feb. 5 - Mar. 15, 2008 & Apr. 1 - June 10, 2008, 7:00 - 9:00pm

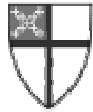
Trinity Episcopal Cathedral, 147 NW 19th Avenue, Portland

Taught by Dr. Marcus J. Borg and The Rev. Canon Marianne Wells Borg, Year One will provide an in-depth re-education for those seeking to explore the heart of the Christian tradition, its radical claims on our lives, and the challenging "good news" of the Christian message for the world. The class will explore the historical setting of Jesus, the nature and study of the Bible, how concepts of God and Jesus shape our worldview and our understanding of discipleship. An introduction to spiritual practice is part of this program year. This course is a must for every Christian or seeker who wants to look afresh at the riches and depths of the Christian tradition. Open to all. Cost is \$800 per year, \$400 Diocesan clergy. Contact: The Center for Spiritual Development

(503) 478-1218 www.center-for-spiritual-development.org

**CALENDAR ON
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St. Barnabas Episcopal Church
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Portland Or 97219



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Golden Opportunities

Office Help

If you are available to help Cathie with a copying project, please call the church office

Vestry Service

If you would like to learn more about vestry service, please talk to Ken Ross

Stewardship

To help with this year's campaign please talk to Sandy Hunnicutt

St. Barnabas Episcopal Church, Mission Statement: A community of believers serving Christ by welcoming the diversity of all God's Creation, creating a sanctuary of peace and love for the spiritual and personal growth of all who seek the Lord.